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**Título:** Deliberate Optimism: Reclaiming The Joy In Education

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**Sinopsis**

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Recharge the optimism that made you an educator in the first place! Choosing optimism\_even in the face of tough challenges\_helps restore the healthy interactions and positive relationships necessary for enacting real school change. Filled with research-based strategies, practical examples, and thought-provoking scenarios, this inspiring, humorous book gets you ready to

Rediscover motivation

Take a positive view of events beyond your control

Build an optimistic classroom where students flourish

Partner with other stakeholders to create an optimistic learning environment