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The past decade has seen the development and testing of an increasingly large set of ergonomics tools. With new sections in every chapter, the third edition of Introduction to Ergonomics describes a representative selection of tools and demonstrates how to apply them in practice. In fully researched, stand alone sections with worked examples, the book provides useful, practical skills for dealing with real-world ergonomic problems. The author's approach is based on a professional model in which specialized skills are backed-up by a good general knowledge of ergonomics. This approach is in accordance with International Ergonomics Association guidelines.