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Written by the court gentlewoman Sei Shonagon, ostensibly for her own amusement, *The Pillow Book* offers a fascinating exploration of life among the nobility at the height of the Heian period, describing the exquisite pleasures of a confined world in which poetry, love, fashion, and whim dominated, while harsh reality was kept firmly at a distance. Moving elegantly across a wide range of themes including nature, society, and her own flirtations, Sei Shonagon provides a witty and intimate window on a woman's life at court in classical Japan.