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Título: Opciones Para un Parto Suave

Autor: Harper Barbara

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In Gentle Birth Choices, Barbara Harper, a mid-wife, nurse, and mother, outlines the elements of gentle birthing and provides a new model of maternity care that reduces the need for high-tech crisis intervention, and focuses instead on preparation and good health for mother and child. More than 50 black-and-white photographs by Suzanne Arms capture the joy and intensity of birth.