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**Sinopsis**

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This book addresses both basic and sophisticated approaches to the understanding of an current treatment for obesity, one of the most prevalent medical problems in the U.S. The book is divided into two parts. Part I addresses the problem of obesity and presents an approach to the evaluation of the obese individual. Part II provides an extensive discussion of traditional and innovative treatments for obesity that reflect the expertise and opinions of the most respected investigators and clinicians who work in this field.