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Oh! How adorable! I didn't know you had a cat' she exclaimed. I am always surprised how many people make this observation. Why should His Holiness not have a cat? 'If only she could speak' continued the actress. 'I'm sure she'd have such wisdom to share' And so the seed was planted . . . I began to think that perhaps the time had come for me to write a book of my own - a book that would convey some of the wisdom I've learned sitting not at the feet of the Dalai Lama but even closer, on his lap. A book that would tell my own tale . . . how I was rescued from a fate too grisly to contemplate to become the constant companion of a man who is not only one of the world's greatest spiritual leaders and a Nobel Peace Prize Laureate but also a dab hand with a can opener Starving and pitiful, a mud-smearred kitten is rescued from the slums of New Delhi and transported to a life she could have never imagined. In a beautiful sanctuary overlooking the snow-capped Himalayas, she begins her new life as the Dalai Lama's cat. Warmhearted, irreverent, and wise, this cat of many names opens a window to the inner sanctum of life in Dharamsala. A tiny spy observing the constant flow of private meetings between His Holiness and everyone from Hollywood celebrities to philanthropists to self-help authors, the Dalai Lama's cat provides us with insights on how to find happiness and meaning in a busy, materialistic world. Her story will put a smile on the face of anyone who has been blessed by the kneading paws and bountiful purring of a cat.