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Was the "forbidden fruit" of the garden of Eden really an apple? What is St. Peter's Fish? What was in the bowl that Jesus dipped into at the Last Supper? Within the pages of this book you will find a uniquely in-depth and easy-to-read survey of every aspect of food in the Bible, accompanied by fascinating illustrations and photographs. You will learn not only what people ate and drank in Bible days, but how they raised their food, stored it, traded in it, and prepared it. You will take a fresh look at food through the eyes of Scripture, seeing new and deeper symbolic meanings behind many a menu.

Best of all, you will find an exciting collection of biblically-inspired, easy-to-prepare recipes for a cornucopia of delicious dishes to share with friends and family.

As you enjoy learning about what our biblical ancestors ate, you will find yet another way of coming closer to Bible days and Bible ways. Through this book you will discover that Scripture, the most important inspiration in our spiritual lives, can be an inspiration in the kitchen as well!