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Whether offering poignant anecdotes about friendship and family, survival tips for the pre-teen years, or stories touching on the emotions and situations teens experience every day, these incredibly popular books touch the heart and nourish the soul at any age.

Here is a survival guide for pre-teens, packed with stories by and about readers ages nine to thirteen. This uplifting collection of stories touches on the emotions and situations they experience every day: making and losing friends, fitting in while keeping their personal identity, discovering the opposite sex, dealing with pressures at school including violence, and coping with family issues such as divorce. Chapters cover lover, family, friendship, choices, changes, overcoming obstacles, wisdom, attitudes and achieving dreams.