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Hypnotherapy Scripts, 2nd Edition is a straightforward, practical guide for doing Ericksonian hypnotherapy. This book not only explains the rationale for every step in the hypnotherapeutic process, it also contains sample scripts for each step. This edition guides professionals through the construction of their own hypnotherapy induction and suggestion scripts. Recent research and writings on the role of unconscious processes, wellness and positive psychology have been added to this edition. Also included is a detailed review of the Diagnostic Trance process, a therapeutic procedure unique to this text.