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**Sinopsis**

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Norah Vincent became an instant media sensation with the publication of *Self-Made Man*, her take on just how hard it is to be a man, even in a man's world. Following in the tradition of John Howard Griffin (*Black Like Me*), Norah spent a year and a half disguised as her male alter ego, Ned, exploring what men are like when women aren't around. As Ned, she joins a bowling team, takes a high-octane sales job, goes on dates with women (and men), visits strip clubs, and even manages to infiltrate a monastery and a men's therapy group. At once thought-provoking and pure fun to read, *Self-Made Man* is a sympathetic and thrilling tour de force of immersion journalism.