

Librería  
*Bonilla y Asociados*  
desde 1950



**Título:** Metropolitan Migrants. The Migration Or Urban Mexicans To The United States

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**Precio:** \$330.00

**Editorial:**

**Año:** 2008

**Tema:**

**Edición:** 1ª

**Sinopsis**

**ISBN:** 9780520256743

Challenging many common perceptions, this is the first book fully dedicated to understanding a major new phenomenon—the large numbers of skilled urban workers who are now coming across the border from Mexico's cities. Based on a ten-year, on-the-ground study of one working-class neighborhood in Monterrey, Mexico's industrial powerhouse and third-largest city, *Metropolitan Migrants* explores the ways in which Mexico's economic restructuring and the industrial modernization of the past three decades have pushed a new flow of migrants toward cities such as Houston, Texas, the global capital of the oil industry. Weaving together rich details of everyday life with a lucid analysis of Mexico's political economy, Rubén Hernández-León deftly traces the effects of restructuring on the lives of the working class, from the national level to the kitchen table.